

PROFILE

NAME : DR.PADMAVATHI. R

AGE : 44 YEARS

DATE OF BIRTH : 27.06.1975

SEX : FEMALE

RELIGION : HINDU

MATRITAL STATUS : MARRIED

LANGUAGES : TAMIL, ENGLISH

ADDRESS : NO.87/2, ORAGADAM ROAD,

S-5, JAYA LAKSHMI APARTMET

AMBATTUR, CHENNAI – 53.

REGISTRATION NO. : NURSE : 43285 MIDWIFE : 49973

SCOPUS ID: https://orcid.org/0000-0002-4060-2765

GOOGLE SCHOLAR ID:

 $\frac{https://scholar.google.com/citations?hl=en\&user=gsjV8wUAAAAJ\&scilu=\&scisig=AMD79ooAAAAAY9dl}{AAAY9dl}$

EDUCATIONAL QUALIFICATION

| STD | SCHOOL | YEAR OF PASSING | % |
|-----|---------------------------------------|-----------------|-------------|
| X | GOVT. GIRLS HIGH SCHOOL | 1991 | DISTINCTION |
| XII | GOVT. BOYS HIGHER SECONDARY SCHOOL | 1993 | DISTINCTION |

PROFESSIONAL QUALIFICATION

| PROGRAMME | COLLEGE/UNIVERSITY | YEAR OF PASSING | % |
|--|---|--|---|
| U.G. | OMAYAL ACHI COLLEGE OF NURSING DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI | 1998 | 1 ST CLASS |
| POST GRADTUATE DIPLOMA IN PSYCHOLOGICAL COUNSELLING AND GUIDANCE | S.R.INSTITUTE OF HUMAN RESOURCE DEVELOPMENT, CHENNAI | 2000 | II CLASS |
| CERTIFICATE COURSE IN BASIC COUNSELLING SKILLS | VALLIAMMAL INSTITUTION, GANDHI MUSEUM CAMPUS, MADURAI-625020 (SIX MONTH DISTANCE EDUCATION PROGRAMME) | 2002 | 1 ST CLASS |
| P.G. | OMAYAL ACHI COLLEGE OF NURSING, DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI | 2003 | 1 ST CLASS |
| PH.D(N) | OMAYAL ACHI COLLEGE OF NURSING, DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI | 2010-2013 SUBMITTED THESIS IN THE YEAR JANUARY 2014 | COMPLETED VIVA VOCE IN THE YEAR JULY 2016 |

EXPERIENCE

| POSITION | INSTITUTION | NO.OF YEAR |
|------------------------|--|-------------------------|
| 1. CLINICAL INSTRUCTOR | SHARMILA COLLEGE OF NURSING, CHENNAI | NOV.1998-OCT.1999 |
| 2. STAFF NURSE | APPOLLO HOSPITAL CHENNAI. | OCT. 1999-MAY2001 |
| 3. LECTURER - READER | OMAYAL ACHI COLLEGE OF NURSING, CHENNAI | APRIL 2003-JULY 2008 |
| 4. PRINCIPAL | BKR COLLEGE OF NURSING TIRUTTANI. | JULY 2008 TO AUG 2011 |
| 5.VICE PRINCIPAL | MMM COLLEGE OF NURSING | AUG 2011 TO 14.03.09 |
| 6. PRINCIPAL | GRT COLLEGE OF NURSING TIRUTTANI | 15.03.2019 TO TILL DATE |

CONFERENCE / SEMINAR – ATTENDED, ORGANISED, PAPER PRESENTED, TRAINING PROGRAMM ATTENDED AND RESOURCE PERSON

- 1. INTERNATIONAL CONFERENCE ON AIDS INDIA 2003 PARTICIPATED. ORGANISED BY THE TAMILNADU DR.M.G.R.MEDICAL UNIVERSITY.
- 2. **TRAINED LECTURER IN FIRST AID** BY ST. JOHNS AMBULANCE ASSOCIATION OF INDIA
- 3. PARTICIPATED IN "ETHICS IN NURSING PRACTICE", SPONSORED BY THE TAMILNADU DR.M.G.R.MEDICAL UNIVERSITY, HELD ON 21.04.2005 AT OMAYAL ACHI CILLEGE OF NURSING, CHENNAI-62.
- 4. **RESOUIRCE PERSON AT A WORKSHOP ON** CONTINUOUS QUALITY IMPROVEMENT IN NURSING PRACTICE ORGANISED BY OMAYAL ACHI CILLEGE OF NURSING
- 5. **UNDERWENT TRAINING OF TRAINERS COURSE** FOR TSUNAMI AFFECTED VICTIMS ORGANIZED INC
- 6. NURSING EDUCATION EXPERIENCING THE TRANSITION PARTICIPATED AND CO-CHAIRED ORGANIZED BY OMAYAL ACHI COLLEGE OF NURSING HELD ON 20 AND 21 FEB. 2007.
- 7. "STRESS MANAGEMENT-NEED OF THE HOUR". PARTICIPATED ON 16 FEB 2008 ORGANISEDE BY OMAYAL ACHI COLLEGE OF NURSING.
- 8. **PRESENTED A PAPER** IN THE INTERNATIONAL CONFERENCE HELD AT IIT MADRAS ON QUALITATIVE RESEARCH ORGANIZED BY OMAYAL ACHI COLLEGE OF NURSING IN THE YEAR JAN. 2010.
- 9. **PUBLISHED SCIENTIFIC PAPER** AT THE NIGHTINGALE NURSING TIMES IN THE YEAR MAY 2010.
- 10. PRESENTED A PAPER IN THE NATIONAL CONFERENCE ON "ISSUES AND CHALLENGES IN THE PUBLIC HEALTH NURSING" ORGANISED BY MADRAS MEDICAL MISSION HOSPITAL, CHENNAI 2011.
- 11. PRESENTED A PAPER IN THE INTERNATIONAL CONFERENCE ON "CASE STUDY ON OBESITY" BY OMAYAL ACHI COLLEGE OF NURSING 2012.
- 12. **ORGANISED STATE LEVEL WORK SHOP ON "ORGAN DONATION"** AT MMM COLLEGE OF NURSING 2012.

- 13. **RESOURCE PERSON AT TRAINING PROGRAM ON RESEARCH METHODOLOGY**ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH
 (ICCR) & OMAYAL ACHI COLLEGE OF NURSING SEPTEMBER 2013
- 14. PRESENTED A POSTER ON CHALLENGES AND STRATEGIES IN UTILIZING
 RESEARCH EVIDENCE AT INTERNATIONAL CONFERENCE ON TRANSFORMING
 NURSING PRACTICE THROUGH RESEARCH ORGANIZED BY THE INTERNATIONAL
 CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & OMAYAL ACHI COLLEGE OF
 NURSING JANUARY 2014
- 15. PRESENTED A PAPER ON A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMAYAL ACHI COMMUNITY HEALTH CENTRE INTERNATIONAL CONFERENCE ON TRANSFORMING NURSING PRACTICE THROUGH RESEARCH ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & OMAYAL ACHI COLLEGE OF NURSING JANUARY 2014
- 16. ORGANIZED AND PARTICIPATED IN THE CONFERENCE ON NURSING PROCESS
 THE CORNER STONE OF QUALITY NURSING CARE ORGANIZED BY MMM
 COLLEGE OF NURSING JANUARY 2014
- 17. **ORGANIZER AND RESOURCE PERSON** IN THE CONFERENCE ON INDIAN PUBLIC HEALTH LEGISLATION SAFE ZONE FOR HEALTH CARE PROVIDERS AND CONSUMERS BY MMM COLLEGE OF NURSING MARCH 2014
- 18. **PRESENTED A POSTER** AT THE CONFERENCE ON INDIAN PUBLIC HEALTH LEGISLATION SAFE ZONE FOR HEALTH CARE PROVIDERS AND CONSUMERS BY MMM COLLEGE OF NURSING MARCH 2014
- 19. **RESOURCE PERSON** FOR THE CNE ON EPIDEMIOLOGICAL RESEARCH DESIGN ORGANISED BY MMM COLLEGE OF NURSING- JULY 2014
- 20. PARTICIPATED AT 25^{TH} TNAI BINIEAL CONFERENCE ON DEVELOPING EFFECTIVE LEADERS IN NURSING TODAY AND TOMORROW FOR QUALITY PATIENT CARE ORGANIZED BY TNAI OCTOBER 2014.
- 21. PARTICIPATED IN SEMINAR ON HIV / AIDS CLARO ORGANIZED BY MMM COLLEGE OF NURSING DECEMBER 2014.

- 22. ORGANIZED AND PARTICIPATED IN SEMINAR ON HIDDEN GYAN IN PSYCHIATRIC ASSESSMENT ORGANIZED BY MMM COLLEGE OF NURSING JANUARY 2015.
- 23. UNDERWENT TRAINING ON BASIC NEONATAL CARE AND RESUSCITATION PROGRAM PROVIDER ORGANIZED BY IAP-NNF AND MMM COLLEGE OF NURSING JANUARY 2015.
- 24. **UNDERWENT TRAINING OF TRAINERS ON TUBERCULOSIS** UNDER THE GLOBAL FUND TO FIGHT AIDS, TUBERCULOSIS AND MALARIA (GFATM) CONDUCTED BY COLLEGE OF NURSING CHRISTIAN MEDICAL COLLEGE, VELLORE FEBRUARY 2015
- 25. **ORGANIZER AND RESOURCE PERSON** FOR THE STATE LEVEL CONFERENCE ON MAINSTREAMING OF 'AYUSH' IN INDIAN PUBLIC HEALTH CARE ORGANIZED BY MMM COLLEGE OF NURSING MARCH 2015
- 26. **RESOURCE PERSON** FOR THE WORKSHOP ON FAMILY HEALTH NURSING PRACTICE ORGANISED BY OMAYAL ACHI COLLEGE OF NURSING- APRIL 2015
- 27. PARTICIPATED IN A WORKSHOP ON STRENGTHENING AND SURVEILLANCE ON CHILD NUTRITION ORGANISED BY MMM COLLEGE OF NURSING- JUNE 2015
- 28. **ORGANISER AND RESOURCE PERSON** FOR THE CNE ON WORKING TOGETHER TO ERADICATE TB ORGANISED BY MMM COLLEGE OF NURSING- JULY 2015
- 29. **ORGANISED** AND PARTICIPATED IN TWO DAYS WORKSHOP ON "REVIEW OF BIO STATITICS" ORGANISED BY MMM COLLEGE OF NURSING-JULY 2015
- 30. **ORGANISED AND** CONTRIBUTED AS A **RESOURCE PERSON** IN THE STATE LEVEL WORK SHOP ON **COMMUNITY NUTRITION PULSE OF HOME HEALTH CARE** ON 31.03.2016 AT MMM COLLEGE OF NURSING
- 31. **RESOURCE PERSON** AT THE 5TH TRAINING PROGRAMME ON "RESEARCH METHODOLOGY" ORGANISED BY THE ICCR, OMAYAL ACHI COLLEGE OF NURSING FROM 28.03.2016 TO 01.04.2016 ON TOOLS AND DATA COLLECTION METHODS IN QUANTITATIVE RESEARCH
- 32. PARTICIPATED IN NUTRIUTSAV- 2016 ORGANISED BE MMM HOSPITAL ON $2^{\rm ND}$ AND $3^{\rm RD}$ SEP 2016
- 33. PARTICIPATED IN 1^{ST} MMM GENETICS MEETING 2016 –SYMPOSIUM ON "GENETICS IN OBG PRACTICE:DIAGNOSIS TO THERAPEUTICS" ORGANISED BE MMM HOSPITAL ON 10^{TH} SEP 2016

- 34. PARTICIPATED IN "PATIENT SAFETY INITIATIVES IN INTENSIVE CARE UNIT" ONE DAY CNE ORGANISED BY MMM COLLEGE OF NURSING ON 18.11.2016
- 35. PARTICIPATED IN "BE THE CHANGE AGENT-MENTUCATE" ONE DAY CNE ORGANISED BY MMM COLLEGE OF NURSING ON 16.12.2016
- 36. **PARTICIPATED AND RESOURCE PERSON** AT 5TH SOCHNI NATIONAL CONFERENCE ON COMMUNITY HEALTH NURSING- A GLOBAL PERSPECTIVE TO INDIAN CONTEXT" ORGANISED BY SOCIETY OF COMMUNITY HEALTH NURSES OF INDIA AND OMAYAL ACHI COLLEGE OF NURSING, CHENNAI ON 2ND AND 3RD FEBRUARY 2017
- 37. **RESOURCE PERSON** AT A STATE LEVEL DISASTER CONFERENCE ON
 "COMMUNITY BASED DISASTER PREPAREDNESS" AT VIGNESH COLLEGE OF
 NURSING, THIRUVANNAMALAI ON MARCH 22ND 2017
- 38. ORGANISED NSS RURAL SPECIAL CAMP AT AYYAPPAKAM APRIL 2017
- 39. **ORGANISED, CHAIRED AND COCHAIRED** SESSIONS IN FIRST NATIONAL CONFERENCE ON "COMMUNITY MENTAL HEALTH DEVELOPMENT IN THIRD MILLENNIUM" AT MMM COLLEGE OF NURSING ON 28TH AND 29TH JUNE 2017.
- 40. **RESOURCE PERSON** AT "OSCE/OSPE EVALUATION STRATEGIES" ORGANISED BY OMAYAL ACHI COLLEGE OF NURSING IN COLLABORATION WITH TAMIL NADU NURSES AND MIDWIVES COUNCIL AND SPONSORED BY GOVT OF INDIA AT CHENNAI ON 03.10.2017 TO 09.10.17.
- 41. **ORGANISER AND RESOURCE PERSON** FOR THE SEMINAR ON NATIONAL HEALTH PROGRAMS ORGANISED BY MMM COLLEGE OF NURSING- JAN 2018
- 42. RESOURCE PERSON AT 3RD NATIONAL LEVEL CONERENCE ON INFECTIOUS DIASESES: PUBLIC HEALTH CHALLNEGES ORGANISED BY ES COLLEGE OF NURSING VILLUPURAM ON 6TH JANUARY 2018
- 43. **RESOURCE PERSON** AT THE 7TH TRAINING PROGRAMME ON "RESEARCH METHODOLOGY" ORGANISED BY THE ICCR, OMAYAL ACHI COLLEGE OF NURSING FROM 19.02.2018 TO 23.02.2018 ON **RIGOR IN CONDUCTING QUANTITATIVE RESEARCH**

- 44. **RESOURCE PERSON** AT SIXTH STATE LEVEL CONFERENCE ON "CRISSCROSS LORE IN COMMUNITY HEALTH NURSING" AT VIGNESH COLLEGE OF NURSING, THIRUVANNAMALAI ON MARCH 28TH 2018
- 45. **ORGANISED AND PARTICIPATED O**N STATE LEVEL CONFERENCE ON "CHALLENGES AND PRIORITIES FOR PAEDIATRIC CRITICAL CARE UNIT" AT MMM COLLEGE OF NURSING ON 13.04.2018.
- 46. PARTICIPATED IN 3RD MMM GENETICS MEETING 2018 SYMPOSIUM ON "ADVANCES IN GENETIC DIAGNOSIS OF NEUROLOGICAL DISORDERS" ORGANISED BY MMM HOSPITAL CHENNAI ON 07.09.2019.
- 47. **RESOURCE PERSON** AT THE WORK SHOP ON "FAMILY HEALTH NURSING PRACTICE" ORGANISED BY THE OMAYAL ACHI COLLEGE OF NURSINGON 24.04.2019 ON FAMILY HEALTH CARE NURSING
- 48. **RESOURCE PERSON** AT THE CNE PROGRAM ON "PUBLIC HEALTH NURSING CHALLENGES" ORGANISED BY THE KMC COLLEGE OF NURSING ON 28.02.2020
- 49. **RESOURCE PERSON** AT "OSCE/OSPE EVALUATION STRATEGIES" ORGANISED BY OMAYAL ACHI COLLEGE OF NURSING IN COLLABORATION WITH TAMIL NADU NURSES AND MIDWIVES COUNCIL AND SPONSORED BY GOVT OF INDIA AT CHENNAI ON 29.01.2021.
- 50. PARTICIAPTED IN B.SC(N) REVISED SYLLABUS ORIENTATION WORKSHOP ORAGNIZED BY TNNMC AT SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION & RESEARCH- FACULTY OF NURSING AT CHENNAI ON 03.08.2022 AND 04.08.2022
- 51. ORGANIZED AND PARTICIPATED IN 3 DAYS WORKSHOP ON NAAC PROCESS IN CO-ORDICATION WITH SRI RAMACHANDRA INSTITUTE OF HIGHER EDUCATION & RESEARCH- FACULTY OF NURSING AT GRT COLLEGE OF NURSING FROM 27.10.2022 TO 29.10.2022
- 52. PARTICIPATED IN "E LEARNING IN NURSING EDUCATION" ORGANISED BY MEENAKSHI COLLEGE OF NURSING ON 14.10.2022
- 53. UNDERGONE ONLINE INTERNSHIP ON PSYCHOLOGICAL TEST ORGANIZED BY COIMBATORE PSYCHOLOGY FOUNDATION HELD DURING 01.11.2022 TO 11.11.2022.
- 54. PARTICIAPTED IN XXVII STATE TNAI CONFERENCE HELD ON 10.12.2022 ORGANIZED BY OMAYAL ACHI COLLEGE OF NURSING
- 55. **ORGANIZER AND RESOURCE PERSON** FOR THE NATIONAL LEVEL
 CONFERENCE ON ORGANIZATIONAL BEHAVIOUR IN HEALTH CARE ORGANIZED
 BY GRT COLLEGE OF NURSING APRIL 2023

56. PRESENTED A PAPER ON SCHOOL BASED INETRVENTION FOR OBESE ADOLESCENTS WITH NCDS AT SELECTED SCHOOLS AT 6th RESEARCH CONFERENCE ON HEALTH EQUITYNURSING AND RESEARCH PERSPECTIVES ORGANIZED BY THE INTERNATIONAL CENTRE FOR COLLABRATIVE RESEARCH (ICCR) & OMAYAL ACHI COLLEGE OF NURSING – FEBRUARY 2024

AWARDS:

- PRESENTED A PAPER AND RECEIVED BEST PAPER AWARD IN THE INTERNATIONAL CONFERENCE HELD AT IIT MADRAS ON QUALITATIVE RESEARCH ORGANIZED BY OMAYAL ACHI COLLEGE OF NURSING IN THE YEAR JAN 2010
- RENOWNED TEACHER AWARD 2019 BY KURINCHI KABILAR TAMIL SANGAM AND LONDON TAMIL ACADEMY OF LANGUAGE AND ARTS
- RESEARCH EXCELLENCE AWARD 2022 BY KAVIARASAR KALAI TAMIL SANGAM AND TAMIL EDUCATIONAL SITE FOR INDIAN STUDNETS MALASIYA
- SEVA RATNA AWARD 2023 BY SOUTH INDIA SOCIAL AND CULTURAL ACADEMY
- PUDHUMAIPEN AWARD 2024 BY TAMIL AMUDHU TRUST, ARIYALLUR

WEBINARS ORGANIZED

- 1. War against COVID 19 Real heroes-Frontline workers, The journey of Nurses, held on 29.5.2020 (International).
- 2. Basic Concepts of TB and role of Nursing students in TB control, held on 5.6.2020
- 3. Post COVID in Nursing Education, held on 6.6.2020
- 4. Issues Of COVID-19 and Perinatal Outcome, held on 13.06.2020
- 5. Diabetes and COVID -19 Nursing Perspectives, held on 19.06.2020
- 6. Positive Parenting Tips and Tricks; Confronting Challenges, Opening up Opportunites COVID-19, held on 27.06.2020.
- 7. Management of Cancer during COVID-19 Pandemic held on 02.07.2020.
- 8. Women and Girls Need for Sexual and Reproductive Health and Vulnerabilities during Pandemic, held on 15.7.2020.
- 9. NLP Blooms, held on 25.7.2020
- 10. Viral Hepatitis and Liver Transplant held on 01.08.2020.

- 11. Clinical Research in Nursing held on 03.08.2020.
- 12. Clinical Experience through simulation and experience through OSCE, held on 07.08.2020 (International).
- 13. Vaccine and Immunology held on 13.8.2020
- 14. Soft Spot held on 26.8.2020.
- 15. Career Development Programme and Nursing dexterity training programme held on 27.8.2020-1.9.2020
- 16. Career Development Programme on Soft Skill Training Programme held on 27.8.2020-1.9.2020
- 17. Career Development Programme Skill Based Training Programme held on 20-08.2020 to 1.9.2020
- 18. Career Development Programme on Grooming and Etiquette Training Session, held on 4.9.2020-5.9.2020
- 19. Faculty Development Programme on Grooming and Etiquette Training Session, held on 16.9.2020
- 20. Environmental Impact Of Ozone Layer Destruction and Human Health Implication, held on 18.9.2020
- 21. Let's Talk about Dementia held on 24.9.2020
- 22. International webinar on Define your own Happiness held on 9.10.2020
- 23. One day webinar on "Sapience Conduit" held on 10.10.2020.
- 24. Faculty Development Programme on Emotional Intelligence-EMOJI, held on 15.10.2020
- 25. On Line Disaster Management Training Programme, held on 17.10.2020
- 26. Early Detection Can Help Save Lives, Here's How, held on 23.10.2020
- 27. Post Stroke Rehabilitation Fact Sheet, held on 15.12.2020
- 28. Faculty Development Programme on Financial Awareness Programme, held on 23.12.2020
- 29. Ending the HIV/AIDS Epidemic-Resilience and impact, held on 31.12.2020
- 30. Beat Leprosy, End Stigma and Advocate for Mental Well Being, held on 5.2.2021
- 31. The Youth Brings Alive The Celebration of New India, held on 10.2.2021
- 32. Faculty Development Programme on Chain Reaction, held on 11.2.2021
- 33. National Safety Week-SADAK SURAKSHA held on 10.3.2021.

RESEARCH ACTIVITIES

- 1. GUIDE FOR UG AND PG PROJECTS AT COLLEGE OF NURSING
- 2. ADVISORY COMMITTEE MEMBER FOR PHD STUDENTS-THE TAMILNADU DR M G R MEDICAL UNIVERSITY, SRM UNIVERSITY-SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, SBV UNIVERSITY
- 3. CO-GUIDE FOR PHD STUDENTS-THE TAMILNADU DR M G R MEDICAL UNIVERSITY
- 4. GUIDE FOR PHD STUDENTS-THE TAMILNADU DR M G R MEDICAL UNIVERSITY

INDEPENDENT RESEARCH CONDUCTED

- 1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM.
- 2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMAYAL ACHI COMMUNITY HEALTH CENTRE
- 3. CASE STUDY ON OBESITY
- 4. A STUDY TO ASSESS THE MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI
- 5. A CROSS SECTIONAL STUDY TO ASSESS THE PERCEPTION ABOUT NURSING PROFESSION AMONG NURSING STUDENTS OF SELECTED NURSING INSTITUTION.
- 6. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF SCHOOL

 BASED INTERVENTION ON KNOWLEDGE, PRACTICES AND BIO

PHYSIOLOGICAL PARAMETERS OF NON COMMUNICABLE DISEASES (NCD'S) AMONG THE OBESE ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI(UNIVERSITY FUNDED PROJECT)

RESEARCH PAPERS PRESENTED

- 1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM
- 2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMAYAL ACHI COMMUNITY HEALTH CENTRE(PILOT STUDY)
- 3. CASE STUDY ON OBESITY
- 4. A STUDY TO ASSESS THE MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTS AT SELECTED SCHOOLS IN CHENNAI

RESEARCH PAPERS PUBLISHED

- 1. ASSESSMENT OF THE KNOWLEDGE, PRACTICE AND PREVALENCE OF THE CONTACT DERMATITIS AMONG THE WORKERS OF SELECTED DYEING INDUSTRIES AT PANAPAKKAM.(NIGHTINGALE NURSING TIME 2010)
- 2. A TRUE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF RURAL OBESITY REDUCTION PROGRAM (BEHAVIOURAL INTERVENTION) ON KNOWLEDGE, ATTITUDE, PRACTICE TOWARDS OBESITY AND OBESITY REDUCTION AMONG THE OBESE ADULT POPULATION AT SELECTED RURAL COMMUNITIES OF OMAYAL ACHI COMMUNITY HEALTH CENTRE(ICCRJNR ONLINE JOURNAL)

- 3. ASSESSMENT OF MODIFIABLE RISK FACTORS OF CARDIOVASCULAR DISEASES (TNNMC JOURNAL 2017 JAN)
- 4. ASSESSMENT OF PREDIABETES AMONG STAFF MEMBERS AT SELECTED INSTITUTION IN CHENNAI (TNNMC JOURNAL 2017 JUL)
- 5. ASSESSMENT OF EFFECTIVENESS OF GUIDED IMAGERY THERAPY ON THE LEVEL OF TEST ANXIETY AMONG NURSING STUDENTS (TNMC JOURNAL 2017 JUL)
- 6. ASSESSMENT OF MALNUTRITION AND DIETARY PATTERN OF ADOLESCENTRS AT SELECTED SCHOOLS, CHENNAI(ICCRJNR ONLINE JOURNAL JULY-DEC 2017)
- 7. RISK MANAGEMENT PROGRAM ON KNOWLEDGE AND PRACTICE ON MEDICATION ERROR AMONG PEDIATRIC NURSES (TNNMC JOURNAL 2018)
- 8. KNOWLEDGE AND PRACTICE ON WOMEN HEALTH AMONG THE WOMEN OD SELECETED RURAL AND URBAN COMMUNITY (TNNMC JOURNAL 2018)
- 9. ASSESSMENT OF THE EFFECTIVENESS OF STRETCHING EXERCISE ON MUSCLE CRAMPS AMONG PATIENTS UNDERGOING HEMODIALYSIS AT SELECTED HOSPITAL IN CHENNAI (TNNMC JOURNAL 2018)
- 10. EFFECTIVENESS OF SCHOOL BASED INTERVENTION ON KNOWLEDGE, PRACTICES AND BIOPHYSIOLOGICAL PARAMETERS OF NON COMMUNICABLE DISEASES AMONG THE OBESE ADOLESCENTS (INTERNATIONAL JOURNAL OF FOOD AND NUTRITIONAL SCIENCES 2022-2023)
- 11. A STUDY TO ASSESS THE LEVEL OF SATISFACTION ON PRIMARY HEALTH CARESERVICES AMONG PATIENTS IN A SELECTED PHC, THIRUVALLUR DISTRICT(ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 12. EFFECTIVENESS OF COMPETENCY BASED TRAINING ON LEVEL OF KNOWLEDGE AND COMPETENCY REGARDING HEALTH ASSESSMENT AMONG FIRST YEAR BSC NURSING STUDENTS (ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 13. JOB SATISFACTION AMONG FACULTY MEMBERS IN THE COLLEGES OF PHARMACY(ASIAN PACIFIC JOURNAL OF NURSING 2023)

- 14. JOB SATISFACTION AMONG FACULTY MEMBERS AT COLLEGE OF NURSING(ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 15. PERCEPTION OF ORGANIZATION CLIMATE AMONG STAFF NURSES AT SELECTED HOSPITAL (ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 16. LEVEL OF SATISFACTION OF HEALTH CARE SERVICES AMONG INPATIENTS(ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 17. PREVALLENCE OF ADULT ADHD AMONG TEACHING FACULTY MEMBERS(ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 18. ASSESSMENT OF LEVEL OF SATISFACTION REGARDING QUALITY OF NURSING CARE AMONG PATIENTS(ASIAN PACIFIC JOURNAL OF NURSING 2023)
- 19. EFFECTIVENESS OF GRATITUDE JOURNALING ON PSYCHOLOGICAL WELL-BEING AMONG NURSING STUDENTS

VARIOUS POSITIONS HELD IN THE HOSPITAL & COLLEGE

- 1. INCHARGE NURSE FOR EMERGENCY WARD
- 2. PROGRAMME OFFICER FOR YOUTH RED CROSS UNIT
- 3. CO-ORDINATOR FOR UG & PG PROGRAMME
- 4. HOSTEL SUPERINTENDENT IN THE COLLEGE OF NURSING
- 5. PRINCIPAL OF COLLEGE OF NURSING
- 6. QUESTION PAPER SETTER, EVALUATOR FOR RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE.
- 7. EXAMINER FOR PG STUDENTS AT RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BANGALORE.
- 8. EXAMINER FOR UG & PG STUDENTS AT SRI RAMACHANDRA MEDICAL COLLEGE AND RESEARCH UNIVERSITY, PORUR, CHENNAI.
- 9. EXAMINER FOR THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI.
- 10. INSPECTOR FOR TAMIL NADU NURSES AND MIDWIVES COUNCIL
- 11. INSPECTOR FOR THE T.N. DR. M.G.R. MEDICAL UNIVERSITY.
- 12. RESEARCH CO ORDINATOR AT COLLEGE OF NURSING
- 13. INCHARGE FOR HOSTEL AND ITS MAINTENANCES
- 14. VARIOUS COMMITTEE CO ORDINATOR
- 15. EXAMINER FOR PHD VIVA VOCE IN MAHER AND THE TAMILNADU DR.M.G.R MEDICAL UNIVERSITY

16. DOCTORAL ADVISORY COMMITTEE MEMBER IN THE TAMILNADU DR.M.G.R MEDICAL UNIVERSITY

DR.PADMAVATHI. R
PRINCIPAL
GRT COLLEGE OF NURSING